

PUT FIRST THINGS FIRST

This month we are studying the habit of putting first things first or prioritizing. We will watch a simple demonstration of what happens when we take care of the big things first (rocks.) When we do that there is time and room left for the small things (sand) as well.

<https://www.youtube.com/watch?v=v5ZvL4as2y0> is a short summary of this.

This is kind of a difficult thing for kids to understand. We talked about doing chores before playing; using the bathroom before going outside to recess; eating the main meal before eating dessert; doing homework before video games

At home you can show your child what you use to organize your time and tasks. Is it a simple "To Do" list? Calendar? Digital Organizer? Help them create a list of things that need to be done in the week. How can tasks be broken down by day? Write it out. Small children can use pictures. Older kids and teens can plan times of day for tasks and include time for leisure activity as well.

I so enjoy being with your children every day. There is such a great positive feeling here at Horace Mann and your families are a part of that.

Best Wishes
Ms. Roxie